

# Bath Fizzies

These bath "bombs" are simple to make and are perfect for gift-giving. They make delightful party favors for wedding showers, baby showers and birthdays.

## Ingredients

- 1 cup citric acid
  - 2 cups baking soda
  - 1 cup cornstarch
  - LorAnn powdered food color
  - 10 - 20 drops total of cosmetic grade fragrance oil or essential oil
  - 1 tsp almond oil, sweet
  - Spray bottle filled with water
  - Molds
  - Herbs, dried flowers, optional.
- Note: Do not use plastic bowls or utensils.



## Directions

1. Measure the citric acid into a large bowl and sift the baking soda and corn starch over the top.
2. Add dry ingredients such as herbs or dried flowers if using. Add food coloring (color of your choice), just a small amount is needed as powdered food coloring is very concentrated. (The color will show up after the water has been added).
3. Sprinkle 20 drops total of fragrance oil or essential over mixture (use all of one fragrance, or a combination) and 1 teaspoon of almond oil and mix with your hands until THOROUGHLY mixed.
4. Using your spray bottle, lightly spray mixture with the water about 2 or 3 times. Do not over spray. Mix well with your hands; it should have the consistency of wet sand and clump together when squeezed. If too dry, spray once with water and repeat until mixture can be packed together.
5. Quickly fill your mold, pressing firmly to compact the mixture. Brush away any excess mixture and flatten the top. Invert molds onto a cookie sheet or waxed paper and gently pop out the bath fizzie.
6. Allow to air dry for at least 4 hours, preferably overnight. To use, drop bath fizzie into tub of warm water - enjoy!

Share your creations with us on social media!

#lorannoils @lorannoils



LORANNOILS.COM