

## Bon Bon Bath Truffles

These "truffles" for your bath are packed with skin softening cocoa butter and delightfully scented with a blend of citrus & peppermint essential oils. They make a beautiful gift for someone special - if you can part with them!

### Ingredients

2 ounces cocoa butter  
5 ounces baking soda  
2 1/2 ounces citric acid  
1 ounce cornstarch  
1/2 teaspoon sweet almond oil or wheat germ oil  
1/2 teaspoon bergamot essential oil  
1/4 teaspoon lemon essential oil  
5 drops peppermint essential oil

Sanding sugars or colored sprinkles for rolling

**Note:** Use of a kitchen scale for measuring ingredients is recommended.

When using essential oils or fragrance oils we recommend avoiding the use of plastic utensils as the scent will permeate plastic.

### Directions

1. Place the cocoa butter and wheat germ or almond oil in a small glass pyrex measuring cup and place the measuring cup in a saucepan. Fill saucepan with water to about half the height of the pyrex container. Melt the cocoa butter mixture over low heat; cool slightly (should be still liquified), then add the essential oils.
2. In a medium glass or metal bowl, sift together the baking soda, corn starch and citric acid.
3. Add the melted cocoa butter mixture to the dry ingredients and stir together using a metal spoon. Mixture will become firmer as the cocoa butter solidifies. When it is firm enough to come together, quickly shape into balls and roll in sanding sugar. If mixture becomes too hard, re-heat in microwave at 10 second intervals until workable. Allow "truffles" to set overnight.

Makes 6 - 8 bath truffles.

Note: Bath truffles will make your tub slippery; use care when entering or exiting.



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