

Exfoliating Sugar Scrub

This nourishing scrub will leave your skin feeling soft and smooth.

Ingredients

1/4 cup Sweet Almond Oil

1/4 cup Grapeseed Oil

1/2 cup Brown Sugar

10 drops Ginger Essential Oil

10 drops Lemon Essential Oil

Directions

Combine brown sugar with Sweet Almond Oil and Grapeseed Oil. Stir in Ginger oil and Lemon oil. Store in any container with a lid. To use, scoop a small amount and scrub gently on skin. Rinse with water.

Note: The oils in the scrub may make your tub or shower slippery. Watch your step!



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