

## Nourishing Bath Oil - Serenity Blend

### Ingredients

2 cups Sweet Almond Oil (or a blend of base oils up to 2 cups)

15 drops Rosewood Essential Oil

5 drops Lemon Essential Oil

5 drops Lavender Essential Oil

### Directions

Combine all ingredients in a re-closable bottle or jar and mix well.

To use, add 1 teaspoon of mixture to bath.

