

TRADITIONAL RASPBERRY MACARONS

INGREDIENTS:

FOR SHELLS:

- 4.5 ounce (1 3/4 cup) almond flour or meal
- 7.5 ounce (2 cups minus 3 tablespoons) powdered sugar
- a dash of salt
- 1/2 cup egg whites, no yolk traces
- 2 tablespoon extra fine granulated sugar
- 8 drops LorAnn Rose Pink Gel Food Color
- 1/2 teaspoon LorAnn Raspberry Super-Strength Flavor

FOR RASPBERRY FILLING:

- 1/2 cup unsalted butter, very soft
- 1 cup raspberry jam or fruit spread



DIRECTIONS:

1. Preheat oven to 325°F.
2. Set aside 2-3 cookie sheets lined with silicone baking mats or lined with parchment paper.
3. Fit a pastry bag with a 1/2 inch plain round pastry tip and set aside.
4. Combine almond flour/meal, powdered sugar, and salt in a food processor and mix until almond flour super fine. Set aside.
5. In a bowl whip egg whites and granulated sugar to very stiff peaks.
6. Stop whipping and immediately add raspberry flavoring, rose pink food coloring and almond meal mixture. Using a rubber spatula mix until batter is smooth, but do not over mix to avoid making batter too runny. The batter should appear like thick pancake batter.
7. Fill pastry bag with filling and pipe quarter size and dome shaped mounds onto prepared sheets about 1 inch apart. Macarons will spread a little just after piping.
8. Allow macarons to sit at room temperature for 15 minutes before placing in oven. However, if you notice that macarons are still spreading and not holding their shape place immediately in oven.

9. Bake for about 15-17 minutes or until you can lift one up from the baking sheet without tearing it apart. If you see golden or light brown color develop on surface they are completely done.
10. Allow to cool on sheets they were baked on.
11. For filling, mix soft butter until light and fluffy. Add room temperature raspberry jam or fruit spread a tablespoon at a time while mixing.
12. Flip half of macarons upside down.
13. Fill cream in a piping bag with a medium round tip onto flipped over macarons. Sandwich macarons. Store leftover macarons in refrigerator.

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