



Tropical Crunch Bars

Ingredients

- 2 cups dark or milk chocolate, chopped
- 2 tablespoons almond butter
- 1 cup crisped rice cereal, such as Rice Krispies
- 1/2 teaspoon LorAnn Oils Pina Colada Super Strength Flavor
- 1/2 cup coconut flakes



Directions

1. Place chopped chocolate in a heatproof bowl. Melt in microwave at 50% power in 30 second intervals, stirring after each.
2. Stir in almond butter and LorAnn Pina Colada flavoring until smooth.
3. Add cereal and stir until evenly coated in chocolate mixture.
4. Pour mixture into well-greased muffin tins, filling about halfway full.
5. Top with coconut flakes and gently press them into the chocolate to adhere.
6. Place muffin tins into a refrigerator and allow to harden for at least 1 hour.
7. Pop out of muffin tins and enjoy!

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