

Discover...

Blood Orange

Citrus aurantium dulcis

Cold Pressed

Energizing, Stimulating, Inspiring

Bright and revitalizing citrus aroma that energizes and cleanses the mind, while boosting mental focus.

Blood Orange Oil is similar to (Sweet) Orange oil in uses and scent, but Blood Orange has a richer citrus aroma. It is often used to help energize and lift mood and combat depressed feelings. The oil can be applied sparingly to skin to help reduce inflammation and redness, as well as aches and pains. Orange oil has also been used to help ease digestive problems. It is also known to have anti-inflammatory, antiseptic, and diuretic properties. Blood orange essential oil can also be used as an insect repellent for pesky mosquitos and flies. The oil is also effective at neutralizing unpleasant odors such as from cooking and tobacco.

Topically*: Combine this oil with your choice of carrier oil and apply directly to the skin to reduce inflammation or improve mood. Rubbing onto skin can also help improve personal scent and reduce odor of perspiration.

Aromatically: Diffuse and/or inhale the scent of Blood Orange alone or with complimentary oils to promote clarity, happiness, and mental focus. Diffusion into the air will also aid in deodorizing your home. (Be sure to check how your diffuser acts with citrus oil, as some diffusers can be damaged.)

Blends well with...

Bergamot for feelings of energy and strength

Clary Sage to aid in relaxation and clarity

Clove for feelings of warmth

Geranium to promote brightness and warmth

More Tips & Common Uses: Massaging a small amount of the oil onto the forehead may help reduce headache pain. Blood Orange oil can help relax muscles and reduce spasms when applied topically.

As a Flavor: LorAnn's pure Blood Orange Oil is a gluten-free, food-grade oil that can be used (very sparingly) as a unique flavor enhancement. Commonly used as an ingredient in chocolates and candies.

* Pure essential oils are very potent. We strongly recommend diluting them when applying topically to avoid any potential skin sensitivities. Please refer to our Essential Oil Safety Guidelines for more information.

Disclaimer: The information provided here and throughout our website is for educational purposes only and is not intended to treat, cure, or diagnose any condition. This information is not intended as a substitute for consulting with your health care provider. It's best to consult with a healthcare professional before using any essential oil during pregnancy or before using essential oils with children.