

Discover...

Eucalyptus

Eucalyptus globulus
Food grade, Steam distilled
Balancing, Cleansing, Stimulating

Fresh, camphor-like scent, Eucalyptus is known for its ability to promote health and general well-being with its soothing and purifying properties. It is antimicrobial, antibacterial, antifungal, and antiviral.

Derived from what is now commonly known as the “blue gum” tree, Eucalyptus globulus has been used for centuries by Australian Aborigines to block the spread of disease and to treat wounds using the actual leaves as bandages. Eucalyptus has also been investigated for its powerful insect repellent effects and its strong benefits to the respiratory system, as well as its ability to kill harmful bacteria and viruses.

Topically*: Commonly used to ease the pain and promote healing of minor skin irritations, burns, and insect bites. Rub into sore muscles to reduce swelling, soothe aches and pains, and increase circulation. Massage into the temples to relieve sinus pressure and use as a chest rub for an effective expectorant.

Aromatically: Inhaling Eucalyptus can bring a feeling of balance to the soul, and can promote a general feeling of peace and well-being. May also open airways and reduce sinus pressure.

Blends well with...

Peppermint and Lavender for respiratory issues, head tension, sniffles and more

Rosemary and Thyme for purification & cleansing

Chamomile to promote relaxation and peace

More Tips & Common Uses: Add Eucalyptus oil to a spray bottle for a great disinfectant spray; use with a roller ball diluted in a carrier oil to soothe stuffy sinuses; spray around the house to repel insects; add to homemade soaps & household cleaners. Make your own bath salts with Lavender & Eucalyptus to soothe cold and flu symptoms. Add to any of our great recipes for hand creams, lotions, body butters and more.

As a Flavor: LorAnn’s pure Eucalyptus Oil is a gluten-free, food-grade oil that can be used (very sparingly) as a unique flavor enhancement. Commonly used as an ingredient in cough drops.

* Pure essential oils are very potent. We strongly recommend diluting them when applying topically to avoid any potential skin sensitivities. Please refer to our Essential Oil Safety Guidelines for more information.

Disclaimer: The information provided here and throughout our website is for educational purposes only and is not intended to treat, cure, or diagnose any condition. This information is not intended as a substitute for consulting with your health care provider. It’s best to consult with a healthcare professional before using any essential oil during pregnancy or before using essential oils with children.